

HEALTH EDUCATION

STATEMENT OF PURPOSE:

All schools are required to provide comprehensive health education to K-12 students.

AUTHORIZATION/LEGAL REFERENCE:

- 16 V.S.A. Chapter 1 § 131 - Definitions
- 16 V.S.A. Chapter 1 § 134 - Religious exemption
- 16 V.S.A. Chapter 1 § 135 - Program development
- 16 V.S.A. Chapter 23 § 909 – Tobacco, alcohol and drug prevention education curriculum
- 16 V.S.A. Chapter 25 § 1165 - Act 51

SUGGESTED SCHOOL NURSE ROLES:

The school nurse may, in collaboration with administrators, guidance personnel, nutritional services personnel, health educators and classroom teachers:

1. Assist teachers with reference material, educational resources and curriculum planning.
2. Provide teachers and students with nursing expertise when health related problems/questions arise.
3. Assist agencies to coordinate community-based health education programs.
4. Provide students with periodic in-class supplemental instructions and small group/one-on-one instruction.
5. Provide faculty/school personnel with in-service education programs (e.g. drug and alcohol, nutrition, personal safety).
6. Provide family/groups/community with education programs (e.g. drug and alcohol, adolescent development, personal safety programs).

RESOURCES:

- American Cancer Society of Vermont - <http://www.cancer.org/docroot/home/index.asp>
 - American Heart Association - <http://www.americanheart.org/>
 - American Lung Association of Vermont - http://lungaction.org/ala_vt/home.html
 - American Red Cross - <http://www.redcross.org/>
 - Safe and Healthy Schools Coordinated School Health Workgroup - http://www.state.vt.us/educ/new/html/pgm_coordhealth.html
 - Vermont Department of Education. Vermont Health Education Guidelines for Curriculum and Assessment. 2002
 - Vermont Department of Health - <http://www.healthyvermonters.info/>
 - Vermont Department of Health - <http://www.state.vt.us/adap/>
 - Vermont Health Education Resource Centers
http://www.state.vt.us/educ/new/html/pgm_coordhealth/herc/herc.html
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